

2nd MUNICH INTERNATIONAL SYMPOSIUM
**on The Role of Parental Psychopathology and (E-health) Preventive
Interventions**



Thursday, September 14th –

Friday, September 15th 2023

at

Friedrich von Gärtner Auditorium

St. Vinzenz Haus, University Hospital LMU

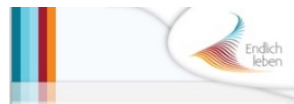
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FOREWORD

After the success of the 2018 *Munich International Symposium on Parental Psychopathology*, we are delighted to invite you to join us for the 2nd Symposium on September 14-15th 2023. We have a fantastic programme of international experts lined up and social events to ensure your stay in Munich is as relaxing and enjoyable as possible.

Best wishes,



Belinda Platt

JLöchner

Schulte-Körne

PD Dr. Belinda Platt

Group Leader in the Department of Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy, University Hospital, LMU Munich

JProf. Dr. Johanna Löchner

Department of Child and Adolescent Psychiatry, University of Tübingen
German Center for Mental Health

Prof. Gerd Schulte-Körne

Director of the Department of Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy, University Hospital, LMU Munich

PROGRAMME

Thursday, 14th September 2023

08:30-09:00	<i>Arrival and registration</i>
09:00-09:15	Welcome: JProf. Johanna Löchner & PD Dr. Belinda Platt
09:15-10:15	Keynote: Prof. Brandon Gibb, Binghamton University, United States <i>"Transgenerational Risk Factors in the Transmission of Depression"</i>
10:15-11:00	Symposium 1: Transition to Parenthood: Obstacles Chair: Prof. Anna-Lena Zietlow Speakers: Prof. Kate Humphreys, Prof. Sabine Walper
11:00-11:15	Introduction to Petra Mühlbauer: Musician with lived experience of parental mental illness
11:15-11:45	<i>Coffee break and Poster Session</i>
11:45-12:45	Keynote: Prof. Bruce Compas, Vanderbilt University, USA <i>"Long-term Outcomes of Preventive Interventions for the Offspring of Parents with Depression"</i>
12:45-13:45	<i>Lunch Break</i>
13:45-15:00	Symposium 2: The Role of Emotion Regulation in Transgenerational Transmission Chair: Prof. Bonnie Klimes-Dougan Speaker: Dr. Anca Sfärlea, Prof. Autumn Kujawa, Prof. Katie Burkhouse
15:00-15:30	<i>Coffee break and Poster Session</i>
15:30-16:30	Keynote: Prof. Heleen Riper, Vrije Universiteit Amsterdam, Netherlands <i>"E-mental Health Possibilities for Preventing and Intervention in the Young"</i>
16:30-17:00	Dominique de Marné (Mental Health Crowd): "Hey researcher! What we want you to do!"
19:30	<i>Conference Dinner at „Der Pschorr“ (Viktualienmarkt)</i>

Zoom-Link for Online Participation:

<https://lmu-munich.zoom->

[x.de/j/65179671320?pwd=MTJVSkYwMFdOUXJYc2ZPVDIRNIFNUT09](https://lmu-munich.zoom-x.de/j/65179671320?pwd=MTJVSkYwMFdOUXJYc2ZPVDIRNIFNUT09)

Passcode: 703346

Friday, 15th September 2023

08:30-09:00	<i>Arrival and registration</i>
09:00-10:00	Symposium 3: Evaluating Preventive E-Health Interventions Chair: Dr. Abby Dunn Speakers: Svenja Geissler, Dr. Ansgar Opitz, Yoel Everett
10:00-10:45	Keynote: Prof. Maree Teesson, University of Sydney, Australia <i>"Digital Platforms as Agents of Change for Adolescents at Risk"</i>
10:45-11:15	<i>Coffee break and Poster Session</i>
11:15-12:30	Symposium 4: Digital Technology: Novel Possibilities in Early Recognition of Mental Illness and Interventions Chair: Dr. Joanne Beames Speaker: Yannik Terhorst, Prof. Tobias Hauser, Prof. Christian Webb
12:30-13:30	<i>Lunch break</i>
13:30-14:30	Clinical Roundtable: Integrating Research Findings into Practice and Policy Moderated by: JProf. Johanna Löchner Speakers: Prof. Sabine Walper, Prof. Bruce Compas, Lucia Kleekamm, Prof. Maree Teesson, Prof. Helen Riper
14:30-15:00	<i>Coffee break and Poster Session</i>
15:00-16:00	Scientific Speed Dating: Identifying New Collaborations Moderated by: Dr. Belinda Platt
16:00	Summary and Next Steps: JProf. Johanna Löchner & Dr. Belinda Platt

Zoom-Link for Online Participation:

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KEYNOTE SPEAKERS



Dr. Brandon Gibb is a Professor of Psychology and Director of the Mood Disorders Institute at Binghamton University. Dr. Gibb completed his Ph.D. at Temple University in 2003 and has been at Binghamton University ever since. His research focuses on factors that contribute to the development and maintenance of depression across the lifespan. Integrating experimental and developmental psychopathology approaches, Dr. Gibb and his colleagues seek to identify and integrate influences across several units of analysis including genetic, neural, physiological, behavioral, and environmental factors. Consistent with the NIMH RDoC initiative, his research also focuses on factors such as reward processing that, although relevant for depression, may be more homogeneous and/or cut across current diagnostic boundaries. His research has been funded by the National Institute of Mental Health and the National Institute of Child Health and Human Development for over 20 years.



Dr. Bruce Compas is the Patricia and Rodes Hart Professor of Psychology and Human Development and Director of Clinical Psychology Training at Vanderbilt University, USA. He received his bachelors degree in psychology and his PhD in clinical psychology from the University of California, Los Angeles. His research is focused on understanding and improving the ways that children, adolescents, and their parents cope with stress and adversity in their lives. Specifically, his work focuses on psychological, interpersonal, and biological processes related to coping and the regulation of emotions in response to acute and chronic stress. He is particularly interested in the translation of basic research into interventions to enhance resilience in

the face of stress His research involves both laboratory methods to study basic behavioral and biological processes, field research to understand coping and emotion regulation in the context of psychopathology (e.g., depression) and physical illness (e.g., Huntington's disease, cancer), and randomized clinical trials to test the efficacy of preventive interventions.



Abby Ciriegio, MS, M.Ed is a fourth year doctoral student in the Clinical Psychological Sciences program at Vanderbilt University under the mentorship of Dr. Bruce Compas. She received her bachelor's degree in Psychology from The Ohio State University and has subsequently completed a Master's of Education in Child Studies and a Master's of Science in Clinical Psychology from Vanderbilt University.

Broadly, Abby's research interests are focused on understanding the biological, behavioral, and psychosocial mechanisms that foster risk (e.g., executive dysfunction, psychiatric symptoms) and resiliency among children, adolescents and families facing health adversities. Abby has collaborated with Dr. Compas for over 5 years and has extensive experience with the implementation of basic science, as well as its translation into interventional contexts.



Dr. Heleen Riper is Full Professor of eMental-Health (Clinical Psychology) at the Vrije Universiteit Amsterdam and has a simultaneous appointment at the Amsterdam University Medical Centre Department of Psychiatry. She is also Honorary Professor of Telepsychiatry at the University of Southern Denmark and a visiting Professor at the University of Turku, Finland. In September 2022 she was awarded a Lifetime

award from the International Society for Research on Internet Interventions (ISRII 2022). Over the past 20 years her research focus

has been on the development, evaluation, and implementation of digital interventions for mental illness, especially those based on cognitive behavioral therapy. The scope of her current research activities includes the evaluation of mobile health and 'blended' treatments for depression and anxiety in specialized mental health care services. New methodological challenges include the development and evaluation of mobile ecological momentary assessments and interventions (EMA/EMI), patient-centred design and digital phenotyping. Since 2007 she has published over 375 (international) peer reviewed papers and book chapters within the digital mental health domain and in 2020 was ranked by the Web of Science™ in the top of 1% mostly cited researchers in the cross-sectional domain. She was a scientific advisor for the Innovation Foundation of Dutch Health Insurers (Innovatiefonds Zorgverzekeraars) from 2014 -2020. In 2013 she (co) founded the Journal of Internet Interventions.



Distinguished Professor Maree Teesson AC is Director of the Matilda Centre, Director of the NHMRC Centre of Research Excellence in Prevention and Early Intervention in Mental Illness and Substance Use (PREMISE), and an NHMRC Leadership Fellow at the University of Sydney. Maree is Chair of Australia's Mental Health Think Tank and Chair of the Million Minds Mental Health Research Mission Expert Advisory

Panel. Maree is a Former National Mental Health Commissioner (2018-2021), an Australian Academy of Health and Medical Sciences Fellow, a Fellow of the Australian Academy of Social Sciences, and a Fellow of the Royal Society of New South Wales. Maree was awarded the Faculty of Medicine and Health's inaugural Distinguished Professor Award in 2023. Maree was announced as a Companion of the Order of Australia in the Australia Day 2018 Honours List, awarded a Westpac/Australian Financial Review 100 Women of Influence (Innovation), and awarded an

Australian Museum Eureka Prize for Outstanding Mentor of Young Researchers. Maree has made a major contribution to Australia's health and medical research effort in the field of mental health and substance use. In particular, she is known nationally and internationally for her research on the comorbidity between mental health and substance use disorders.

TALK TITLES

Symposium 1: Transition to Parenthood: Obstacles

Prof. Kate Humphreys, Vanderbilt University, USA
Prenatal Representations of the Unborn Child

Prof. Anna-Lena Zietlow, TU Dresden, Germany
Can Bonding be Learned? – Effects of Real-time fMRI Neurofeedback-Training for Mothers with Postpartum Bonding Difficulties on Mother-Infant Relationship

Prof. Sabine Walper, German Youth Institute (DJI), Germany
Child Well-being in Context – Bidirectional Links Between Parents' Well-being and Children's Regulatory Problems

Symposium 2: The Role of Emotion Regulation in Transgenerational Transmission

Prof. Bonnie Klimes-Dougan, University Minnesota, USA
Historical Context of Emotion Regulation in Children at Family Risk for Depression

Dr. Anca Sfaerlea, University Hospital LMU Munich, Germany
The Interplay Between Emotion Regulation and Cognitive Biases in Youth at Risk for Depression

Prof. Autumn Kujawa, Vanderbilt University, USA
Examining the Temporal Dynamics of Emotion Regulation in Adolescents with Depression and at High and Low Risk Based on Maternal History

Prof. Katie Burkhouse, Nationwide Children's Hospital Ohio, USA
Electrocortical Reactivity to Emotional Faces in Mother-Daughter Dyads: The Moderating Roles of Emotion Regulation Styles and Maternal Depression

Dominique De Marné, Mental Health Crowd, Germany

Hey reseracher! What we want you to do!

Symposium 3: Evaluating Preventive E-Health Interventions

Dr. Abby Dunn, University of Sussex, UK

Parenting with Anxiety: An online Intervention to Help Anxious Parents Reduce Their Child's Risk of Developing Anxiety

Svenja Geissler, University Hospital LMU Munich, Germany

Family-based Prevention via Video-Conferencing for the Offspring of Parents with Depression – Expectations, Engagement/Uptake and Acceptance

Dr. Ansgar Opitz, German Youth Institute (DJI), Germany

I-PREGNO - A Smartphone-Based Intervention for the Prevention of Psychosocial Stress in Vulnerable Families During Pregnancy and the Postpartum Period.

Yoel Everett, University of Oregon, USA

Piloting a Telehealth-delivered Transdiagnostic Dialectical Behavior Therapy (DBT) Skills + Parent Training Intervention for Parents with Emotion Dysregulation and Substance Misuse

Symposium 4: Digital Technology: Novel possibilities in Early Recognition of Mental Illness and Interventions

Yannik Terhorst, University of Ulm, Germany

Smart Sensing in Mental Health

Dr. Joanne Beames, Blackdog Institute, Australia

Scaled Prevention & Early Intervention in Real-World Contexts for Students and Teachers

Prof. Tobias Hauser, UCL London, UK

Using Smartphones to Understand Cognitive Development

Prof. Christian Webb, Harvard University, USA

Leveraging Smartphones for the Detection of and Scalable Interventions for Depressive Symptoms in Adolescents

POSTERS

Further Development and Feasibility Randomised Controlled Trial of a Digital Programme for Adolescent Depression, MoodHwb: Study Protocol.

Presenter: Bevan Jones, R., Cardiff University, Wales

Familial Psychosocial Mechanisms of the Transgenerational Transmission of Psychiatric Disorders: A Review of Primary Research

Presenter: Busker, A., University of Vechta, Germany

The Role of Cognitive Biases and Cortisol Reactivity in the Familial Transmission of Depression (The CoCo Study)

Presenter: Frommelt, T., University Hospital LMU Munich, Germany

Parenting Intervention for Parents with Psychosis in Adult mental health services (PIPPA): An Acceptability and Feasibility Trial

Presenter: Gregg, L., University of Manchester, UK, Wittkowski, A., University of Manchester, UK

Relationship Between Childhood Maltreatment and Adult Depression

Presenter: Halulu, B., Albert-Ludwigs-University Freiburg, Germany

Evaluation of a Web-Based Information Portal on Youth Depression and Youth Mental Health in Parents

Presenter: Kaubisch, S., University Hospital LMU Munich, Germany

The Role of Paternal Anxiety in Offspring Emotional and Behavioural Development: A Systematic Review and Meta Analysis

Presenter: Lawrence P., University of Southampton, UK

Smart-e-Moms: Smartphone-based Intervention for Postpartum Depressive Symptoms

Presenter: Loew, V., University Medical Center Hamburg-Eppendorf, Germany

Perinatal Practitioners' Perspectives on the Partner of a Mother with Postpartum Depressive or Anxious Symptoms.

Presenter: Marquis, J., University of Quebec, Canada

Prospective Validation of NICHD and PIOS for Parent-Infant Assessment

Presenter: O'Mahen, H., University of Exeter, UK

Goldkind - Foundation for Children From Dysfunctional Families

Presenter: Pougin, C., Goldkind Foundation, Germany

The Influence of Child Temperament on the Relationship Between Maternal Psychopathology and the Interaction Quality in the Early Mother-Infant Relationship

Presenter: Semm. A., LMU Munich, Germany

Qualitative Study on Parenting Experience in the Context of Parental Bipolar Disorder

Presenter: Tu, E., University of Oxford, UK

CHIMPS-NET - Children of Mentally Ill Parents - Network - Research and Care for the Improvement of Mental Health in Children Affected by Parental Mental Illness

Presenter: Wiegand-Grefe, S., University Medical Center Hamburg-Eppendorf, Germany

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Location & Directions

Friedrich von Gärtner Auditorium

[St. Vinzenz Haus](#), University Hospital LMU

Nussbaumstrasse 5

80336 Munich



St. Vinzenz Haus is close to the underground station Sendlinger Tor (U2/U6) and just 500m from the overground station Munich Central (international, national and S-Bahn trains).



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